



Creating a Narrative for Trauma Informed Service Transformation

Thursday 28th March 2019, Ramside Hall Hotel, Durham

Agenda

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| 09:30-10:00 | Registration and Refreshments | |
| 10:00-10:10 | Welcome and Overview | Dr Angela Kennedy Trauma Informed Care Lead Tees, Esk and Wear Valleys NHS Foundation Trust |
| 10:10-10:30 | Opening Address: The Nature and Challenge of a Trauma Informed Approach to Mental Health | Dr Angela Kennedy Trauma Informed Care Lead Tees, Esk and Wear Valleys NHS Foundation Trust |
| 10:30-10:45 | The NHS 10 Year Plan | Viral Kantaria Senior Programme Manager, Adult Mental Health Team NHS England |
| 10:45-11:05 | A Lived Experience Perspective on Trauma Informed Approaches | Beth Filson Lived Experience Consultant |
| 11:05-11:35 | Refreshment Break | |
| 11:35-12:30 | Sharing Narrative Exemplars and Identifying Principles | Tees, Esk and Wear Valleys NHS FT and Northumbria University |
| 12:30-13:30 | Lunch Break | |
| 13:30-14:30 | Operationalising Principles into Standards | Tees, Esk and Wear Valleys NHS FT and Northumbria University |
| 14:30-14:45 | Creating Consensus | Tees, Esk and Wear Valleys NHS FT and Northumbria University |



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| 14:45-15:15 | Refreshment Break | |
| 15:15-15:35 | Identifying Missing Pieces | Tees, Esk and Wear Valleys NHS FT and Northumbria University |
| 15:35-15:50 | Appreciations and Next Steps | Dr Angela Kennedy Trauma Informed Care Lead Tees, Esk and Wear Valleys NHS Foundation Trust |
| 15:50-16:00 | Closing Remarks | John Lawlor Chief Executive Northumberland, Tyne and Wear NHS Foundation Trust |
| 16:00 | Close | |

Speaker Biographies

Dr Angela Kennedy

Trauma Informed Care Lead

Tees, Esk and Wear Valleys NHS Foundation Trust

Angela is a psychologist who has worked in the NHS since 1990. Having been a trauma therapist for a long time, she was previously elected to the Board of the European Society of Trauma and Dissociation. She is now Trauma Informed Care Programme Lead for Tees, Esk and Wear Valleys NHS Foundation Trust. She is also Mental Health Lead for the North of England Clinical Network.

Viral Kantaria

Senior Programme Manager, Adult Mental Health Team

NHS England

Viral is a Senior Programme Manager in the NHS England Adult Mental Health Team leading on community mental health services and the Mental Health Act. He has in the past worked on crisis care and joined NHS England in 2016 from the Department of Health, where he worked on crisis care and mental health legislation. Before that he worked in the Private Office of coalition government health and social care ministers Paul Burstow followed by Norman Lamb, which ignited his passion for mental health care as a matter of social justice.



Beth Filson

Lived Experience Consultant

Beth is an educator, writer and artist from the USA. She is an innovator in Trauma informed systems and peer support. She has previous Lived experience of trauma and mental health services

Amy Clark

Programme Manager, Adult Mental Health

NHS England

Amy joined NHS England in October 2017 to lead on implementing NHS England's programmes to improve physical healthcare for people with serious mental illness and ensure early intervention in psychosis. Most recently Amy has begun working on wider community mental healthcare policy, including improving care for people with a diagnosis of 'personality disorder'. Prior to joining NHS England Amy worked across King's Health Partner's in South London to establish an Integrated Heart Failure Service bringing together hospital, community and primary care services and working to integrate mental and physical health care. Amy began her career in the civil service and worked on a number of policy areas at the Department of Health including mental health, learning disability, and data security. Having experienced the benefits of proactive and joined up interventions for family members experiencing psychosis Amy is committed to improving access to and the quality of NHS care. As a part time student of Health Economics, Amy has a special interest in promoting the importance of comprehensive service evaluation to spread good practice.

Dr Petia Sice

Reader in the Department of Computer and Information Sciences

Northumbria University Newcastle

Dr Sice holds a PhD in Complexity in societal systems. She is passionate about interpreting and applying insights from complexity theory for facilitating positive transformation in individuals and organisations. She is currently a Reader in the Department of Computer and Information Sciences at Northumbria University Newcastle. Her research focuses on developing the field of Wellbeing Informatics.