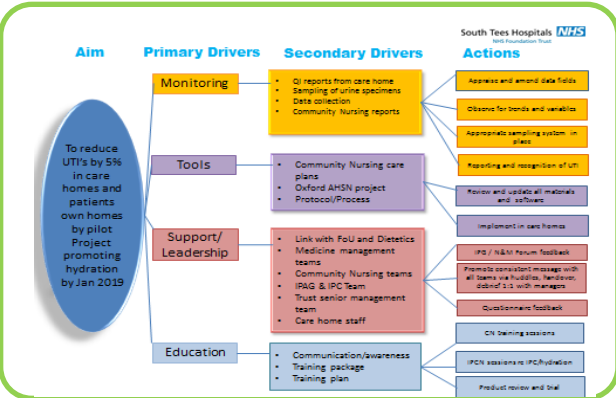
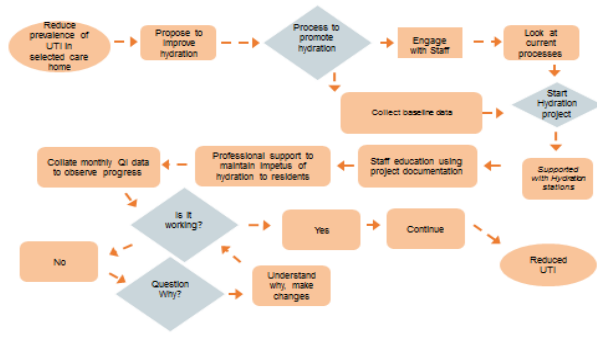


Care Home Hydration Project to reduce UTI's



Flowchart Template for YOUR project



What have we learnt?

- UTI's Hydration levels seasonal
- Linked to available seasonal menu choices
- Need for ongoing hydration education, as very junior staff completing these tasks
- Disparity around continence products – needs streamlined
- Importance of Dieticians focus on hydration alongside Nutrition
- Some evidence to suggest increase in hydration reduces, falls/ constipation/ sedation prescribing
- GP prescribing antibiotics blind
- Implementation of B6 community nurse for lead in care homes – Hydration and catheter focus
- Reduction of catheters in Care Homes (ongoing audits)

The ideas we are planning next:

- Care Home Conference with focus on hydration
- STEES hospitals Hydration event, Staff hydration awareness.
- Education of community nursing staff
- Involvement in review of continence products in collaboration across Tees
- Improvement in Monitoring/Data
- Maintain GNBSI links with Tees wide IPC Collaborative and CCG Working Group
- GP Care Home Alignment
- Acute Physician support for GP/Care Homes (Advanced Care Planning)



Ideas so far:

- Care Home Hydration project.
- Improved individualised care home resident hydration tool
- B6 Lead for Care Homes
- Community Nursing Catheter algorithm Implementation
- Tees wide continence product review

Improvement cycle

The aim of this programme is to:

- Reduce no. of patients acquiring HCAI UTI/CAUTIs
- To deliver an improved experience for residents in care homes
- Increase Quality Improvement skills
- Improve education and learning for care home staff - Hydration



The IHI Breakthrough Series Collaborative model provides a framework to enable rapid testing of changes to learn, adapt and plan for scale up and spread of the work.

Care home (average population per month is 57)

