

together



# Why have a have a summit about trauma informed practice?

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#traumasummit2019

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The ordinary response to atrocities is to banish them from consciousness. Certain violations of the social compact are too terrible to utter aloud: .... The psychological distress symptoms of traumatized people simultaneously call attention to the existence of an unspeakable secret and deflect attention from it.

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Events which provoke fear or pain Events which provoke loss Events that exclude us from others Relationships which inflict harm on others Absence of care or neglect Witnessing the above

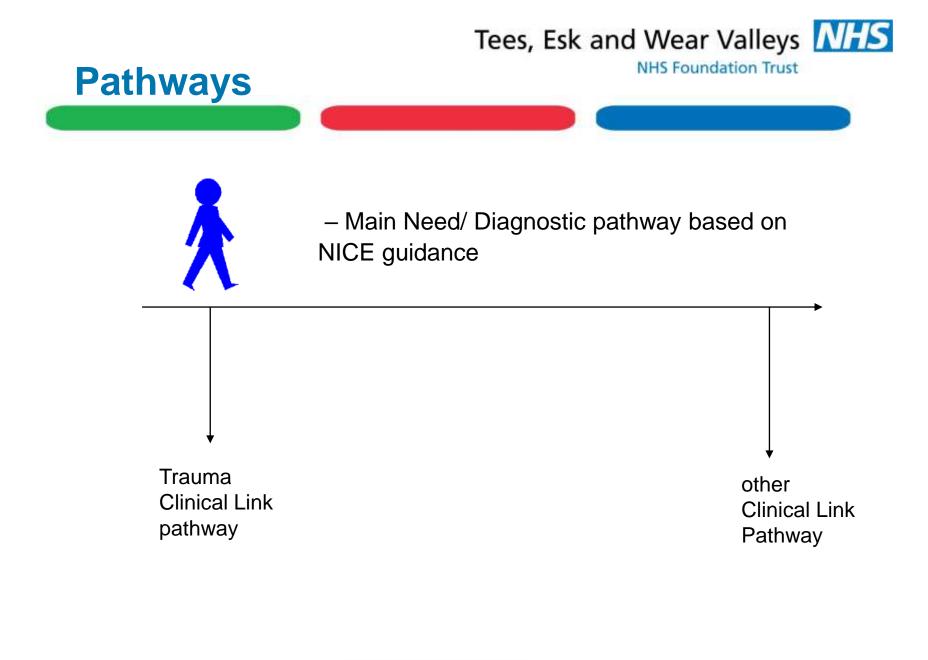
Facing a dark reality....



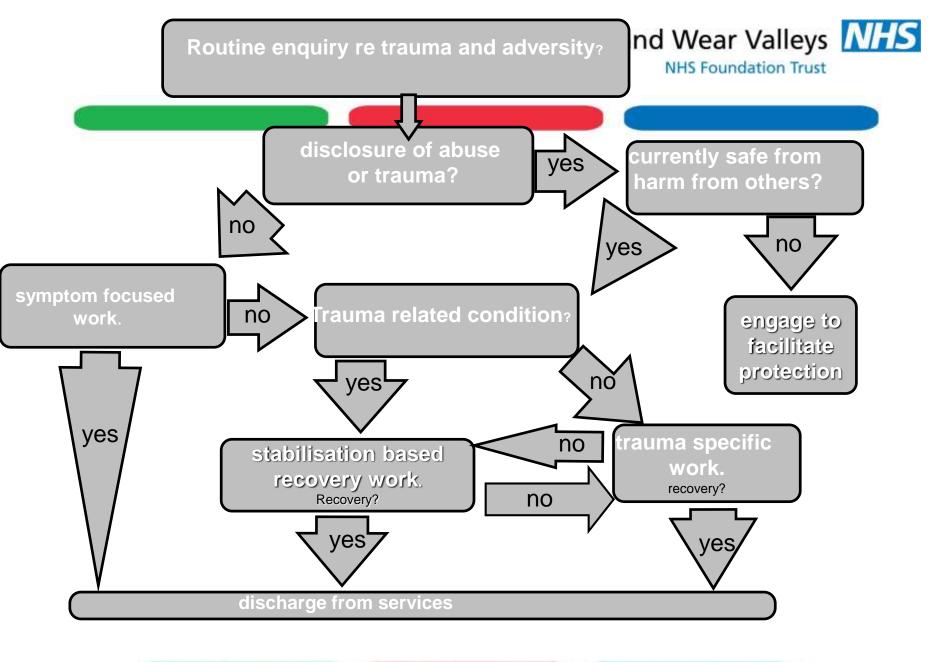
## WHO ARE WE?



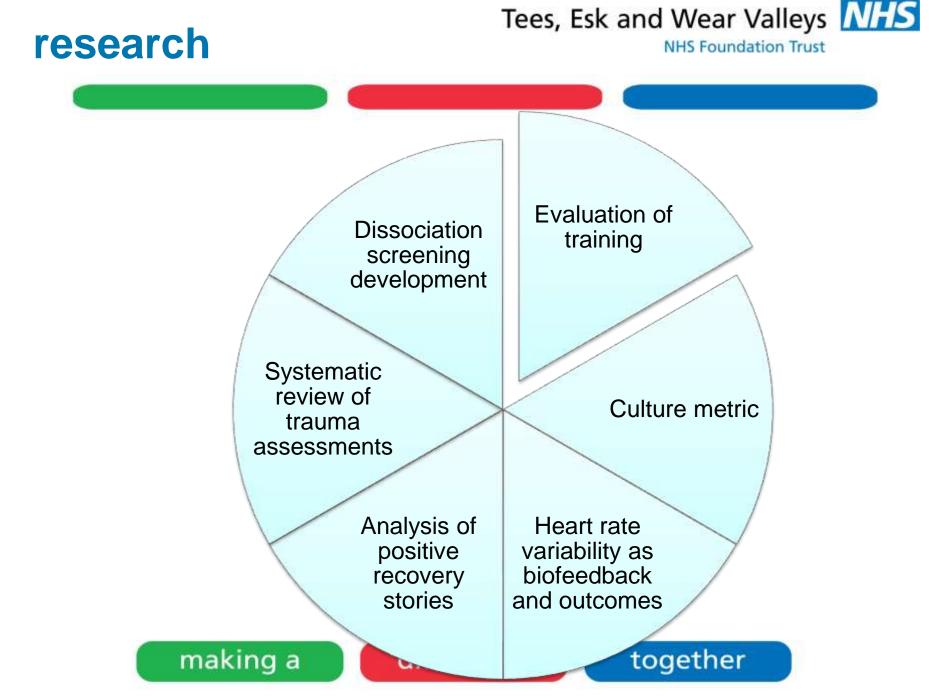
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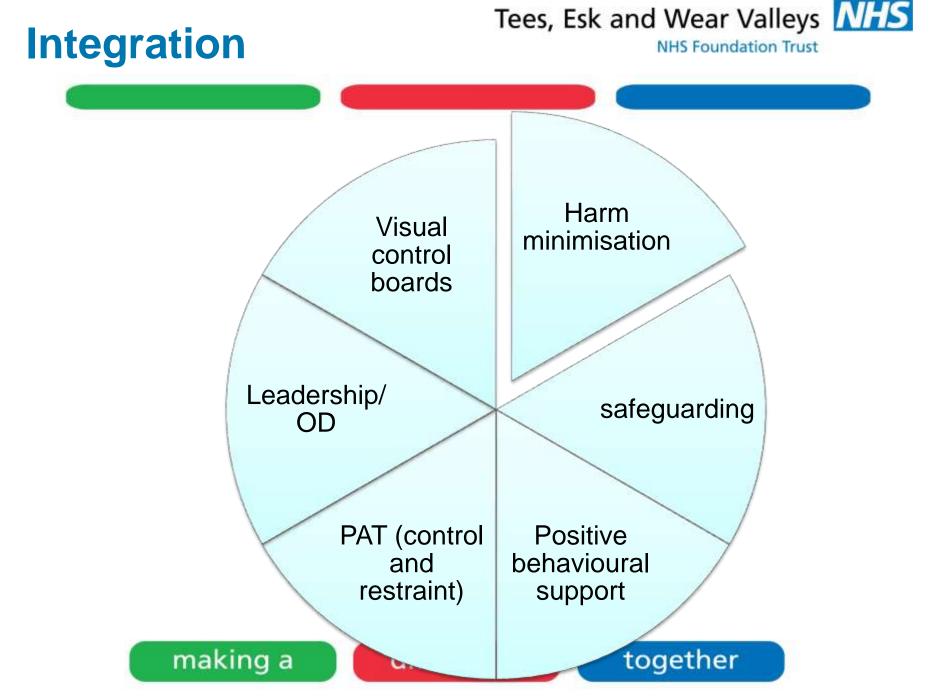


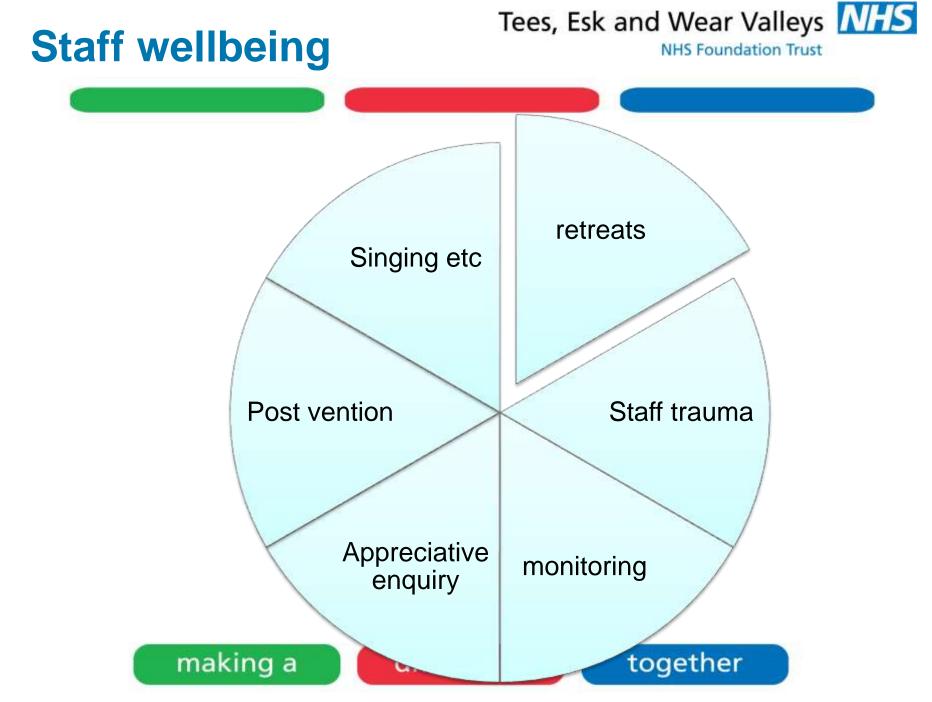


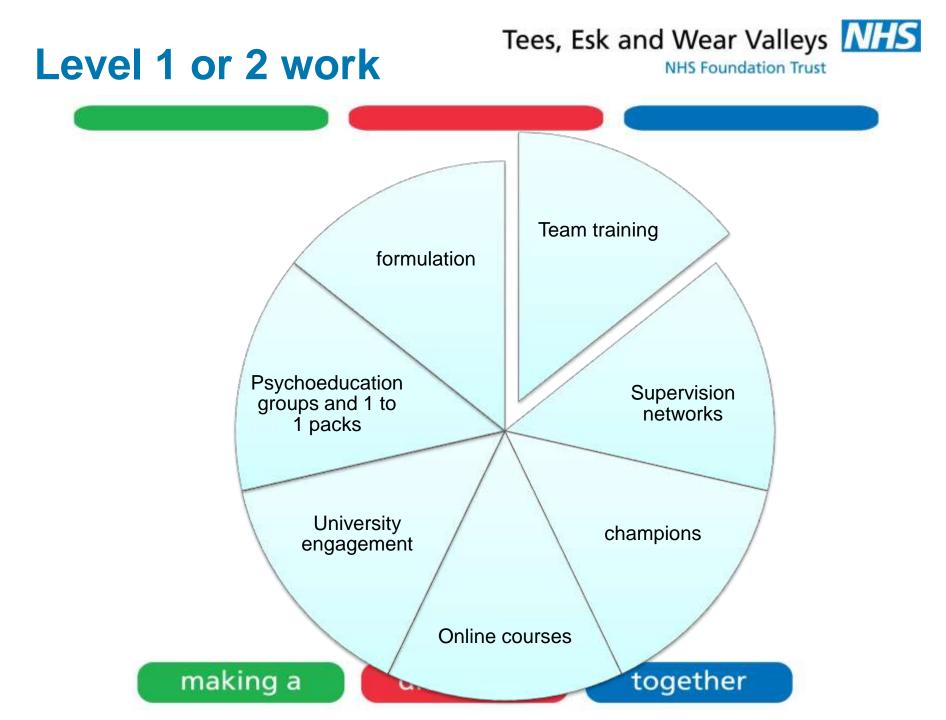


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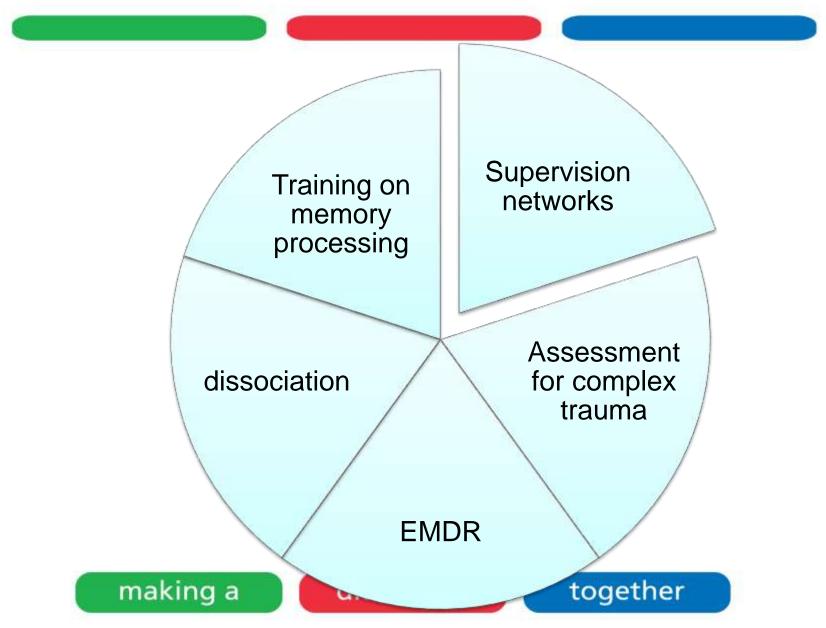


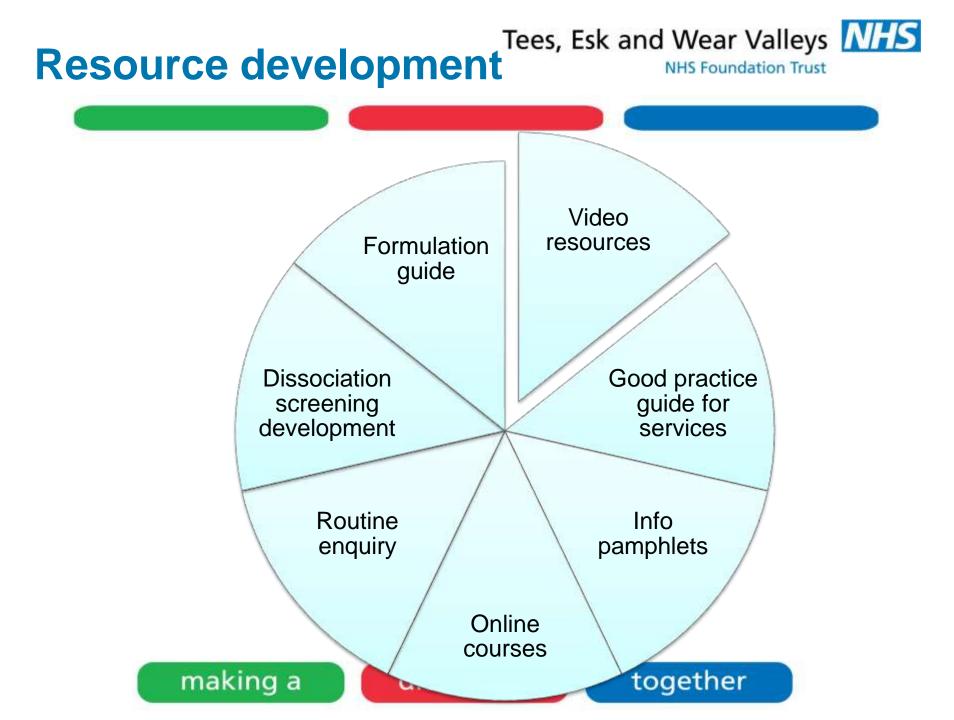


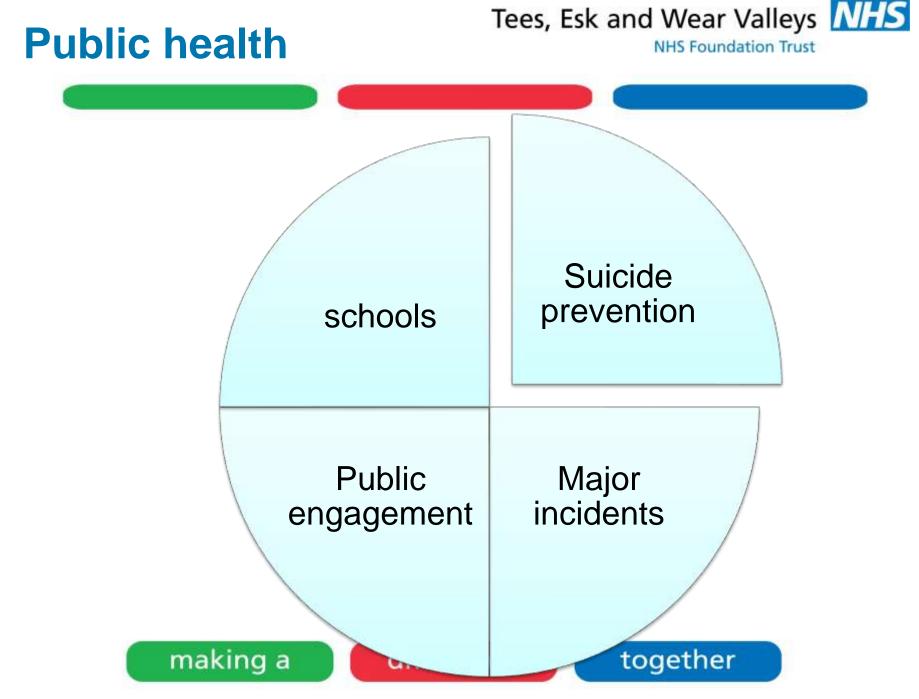


Tees, Esk and Wear Valleys MHS

**NHS Foundation Trust** 







## Supporting implementation

Narratives

Organising

Interpersonal work



#### What type of problems are we trying to solve? Simple Complicated Complex Sending a Rocket to the Raising a Child Baking a Cake Moon No "right" recipes or protocols "Formulas" needed **Outside factors influence** Right "recipe" essential Experience built over time and can Experience helps, but doesn't Gives same results every time be repeated with success guarantees success

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#### **Early adopters and innovators**

https://www.ted.com/talks/derek\_sivers\_how\_to\_start\_ a\_movement?language=en#t-28986





### Why are you here?

- Social justice
- Personal impact
- Compassion
- To make peoples lives better

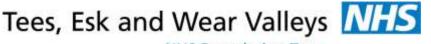
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To make services more efficient and save money

#### • To create a social movement for change!

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What stories can you tell about today to promote good practice?



What story shows us our shared aspirations around TIC?



What story can you tell around what next step is important?

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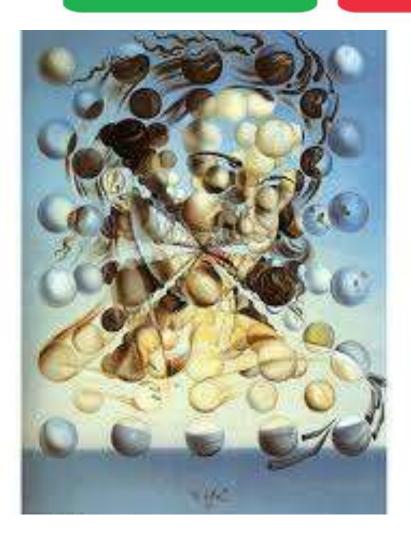


### **BREAK for TEA**

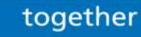
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# 11.35 -12.30 sharing narratives and identifying exemplars

read narratives

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- underline key phrases per narrative that illustrate the TIC The emphasis is on the **operationalisation** of TIC.
- enter within column 1 of the Evidence Template (Appendix 2) and justify the choice of these evidence elements in column 2

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EXERCISE



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1.30-14.30 operationalising into themes

- Facilitators Move to groups at the next table
- Review the former tables evidence.

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- Your task is to group the evidence or justifications into themes.
- These themes are collated into table in appendix 3.



#### 14.30-14.45 creating consensus

Facilitator moves the themes to the next table grouping.

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Review themes of neighbouring table and your task is to prioritise the themes and identify which are essential as opposed to desirable by voting; appendix 4.







15.15-15.35 quality check

• Facilitator moves tables again.

 Your task is to identify what themes or issues have not been captured by this process today. Appendix 5

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# 15.35-15.50 Appreciations and next steps

 write appreciation and next steps on coloured notes and put onto trees as you leave the room









### Thank you

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