



Hello and Welcome to the Trauma Summit



Side Gallery recently exhibited *Small Town Inertia* by

J A Mortram, based on the book of the same name. We are very pleased that some of the images will be presented at the Trauma Summit.

“With both words and pictures, *Small Town Inertia* details the day-to-day experiences of such characters as Tilney, an artist battling schizotypal and obsessive compulsive disorders; and David, blinded in an accident and now grieving for his mother, who recently died. Although he acknowledges the claustrophobia of rural life, Mortram clearly has a great affection for his community. While it covers difficult subjects – disability, substance abuse, self-harm – Mortram's work is rarely without hope, and never without dignity. It is also deeply moving, focusing upon the strength and resilience of the people he photographs.”

Written by Dave Stelfox for the Guardian in 2014 who is a journalist and photographer based in London



There will be a trauma informed film maker present who is offering a space to record some brief talking heads of participants offering their insights about trauma informed practice.

I hope that you will consider taking a minute or two to go in front of the camera and help us create some open access video materials.



Filming with serious media



Take a moment to talk to camera:

What key thing will make a big difference?

What do we need to do together and how can we do it?

Why is trauma informed care important to you?

Maybe you would like to state what motivates you towards trauma informed practice or how to recognise it?

Maybe there is someone or something that has inspired you?

