

The COVID19 Mental Health wave is yet to come

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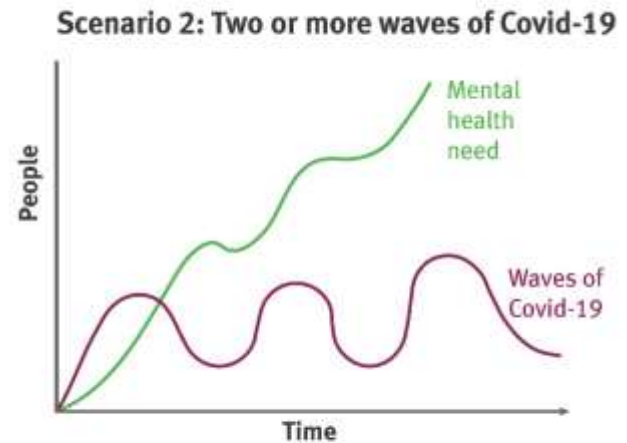
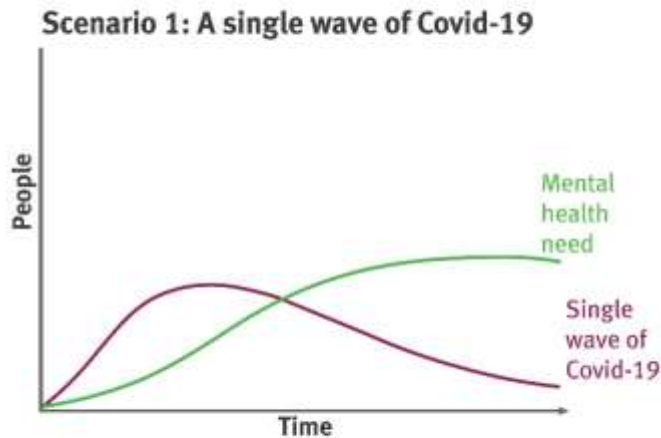
Introduction

- Estimates indicate 500,000 additional people will experience mental health problems
- Direct effects
 - ITU COVID survivors (PTSD)
 - ‘Clinically stable’ COVID patients
 - Health and Care workers (burnout/moral injury)
 - BAME communities (occupational risk?)
- Indirect effects
 - Grief, loss and bereavement
 - Economic impact of Covid-19
 - Health inequality



Forecasting scenarios

Scenarios of mental health need relating to Covid-19 and how they could compare with the trajectory of the virus itself

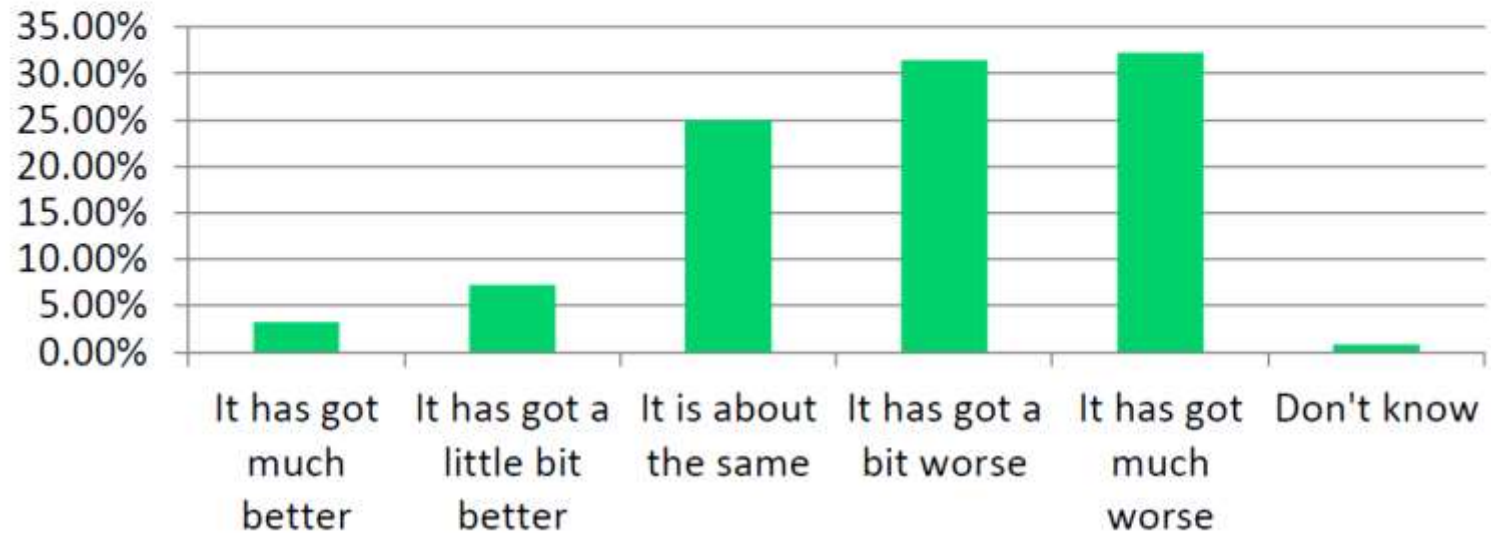


At Risk Groups

- People with existing MH difficulties
- Long term conditions, including:
 - Cardiopulmonary disease
 - Cancer
 - Diabetes
 - Renal disease
 - Organ transplant recipients
- Social deprivation
- Children and Young People
- BAME communities
- Exposure to trauma & adversity

MH Service User Experience

How has the COVID-19 pandemic impacted on your mental wellbeing?



What would help?

- Financial safety netting
- Trauma-informed OH support
- Specialist MH support services
- NHS and social care preparation for subsequent C19 waves/economic shocks

