

CAFE QUESTION



If a patient had an advanced cancer diagnosis and blood tests showed raised infection markers, do you think they should be considered for antibiotics?



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CAFE QUESTION



Should we question if antibiotics are appropriate when a patient is approaching end-of-life?



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CAFE QUESTION



Do you think oral antibiotics should be given during end-of-life care if the patient has an infection and could tolerate them?



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CAFE QUESTION



If antibiotics were not improving the patient's clinical status and they were continuing to deteriorate, do you think they should be continued if the family requested them to be?



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CAFE QUESTION



If a patient was imminently dying and had a raised temperature, should we give intravenous antibiotics?



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CAFE QUESTION



Do you think it is important to review plans of antibiotics with patients and families who are going home for supportive care?



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CAFE QUESTION



Do you think it is appropriate to talk about future antibiotics when a patient is going on to the care of the dying pathway?



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CAFE QUESTION



What proportion of patients who receive antibiotics at the end-of-life actually benefit from them?

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CAFE QUESTION



What do you think are the pros and cons of giving antibiotics in palliative care?



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CAFE QUESTION



How do you think we should decide which infections to treat versus which not to treat?



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CAFE QUESTION



Do you know what the risks are associated with antibiotic therapy?



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CAFE QUESTION



What do you think and know about antibiotic resistance?



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CAFE QUESTION



Do you know why bacteria are becoming resistant to antibiotics?



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CAFE QUESTION



Do you know the proportion of antibiotics that are prescribed inappropriately?

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CAFE QUESTION



Would you choose to have antibiotics to prolong death?



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CAFE QUESTION



Do you think it is our responsibility to ensure antibiotics are available for future generations?



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CAFE QUESTION



Do you think it is important to carry out shared decision making with patients and their relatives if the patient is at the end-of-life?



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CAFE QUESTION



Do you think there should be clear documented plans for all medicines, including antibiotics, prescribed for patients at the end-of-life?



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CAFE QUESTION



Do you think it is acceptable to consider the cost of antibiotic treatment at the end-of-life?



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CAFE QUESTION



Do you think prescribers should still be regularly checking and reviewing prescriptions for intravenous antibiotics if they have been initiated by someone else?



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CAFE QUESTION



If you are a clinical member of staff, have you ever felt pressure from external sources to prescribe, administer, validate or order an antibiotic that you felt was inappropriate?



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CAFE QUESTION



Whose responsibility do you think it is to make sure that the NHS' resources are used appropriately and safely?



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CAFE QUESTION



Who do you think knows best when it comes to prescribing antibiotics, and other medicines, for patients at the end-of-life?



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CAFE QUESTION



Do you think there are barriers to communication between healthcare professionals and patients/relatives in end-of-life situations?



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CAFE QUESTION



How much do you think the NHS spends on prescribed medication each year? How much could be saved by reducing inappropriate prescriptions?

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ANTIBIOTIC FACTS



Only **40%** of
palliative patients
actually benefit from
antibiotics



Antibiotic resistance
could cause **10m**
deaths by 2050



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ANTIBIOTIC FACTS



£17billion spent on medications a year



A **quarter** of all antibiotic prescriptions are inappropriate



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WHAT DO YOU NEED?



- 1.** A room – anything will do (conference/seminar room, office space, even a real café!!)
- 2.** Decorations – it's a café not work (tablecloths, bunting, flowers, doilies)
- 3.** Refreshments/catering – it is a café after all!
- 4.** Question cards – prompts on each table to encourage and guide discussion
- 5.** Information leaflets – give people some reading material for both in the session and to take away



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RULES

HOW TO RUN A NORTHUMBRIA LEARNING CAFE



- 1.** Set the context: why are people coming together to learn
- 2.** Create an inviting space: cafes should be inviting with tables laid out to encourage open conversation. Be creative! – tablecloths, flowers, music, decoration
- 3.** Pick your questions carefully – topics should be relevant, engaging and slightly controversial. Consider your audience and make them accessible

4. Encourage participation of everyone

5. Rotate the tables during the café to keep conversations fresh and widen everyone's perspective

6. Listen to as many conversations as you can

7. Gather the whole room at the end and reflect on some of the key issues raised/discussed. Try to put the conversations into the context of clinical practice.