

# How can we work with you to support the delivery of the Mental Health Patient Safety Programme

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Delivered by:  
*The AHSN Network*  
North East and North  
Cumbria

Led by:  
**NHS England**  
**NHS Improvement**

# National Patient Safety Improvement Programme, Mental Health

## Key ambitions of the Mental Health Patient Safety Improvement programme:

- Reduce the incidence of restrictive practice in inpatient mental health and learning disability services by 50% by March 2024
- Reduce suicide and self harm in inpatient services, the health care workforce and non-mental health acute settings.
- Improve sexual safety of patients and staff on inpatient mental health units by 50% above baseline by March 2024.

- **Reduction of restrictive practice:**

The National Collaborating Centre for mental Health (NCCMH) were commissioned by NHS Improvement to develop a Restrictive Practice Collaborative in 2018 and produced a Restrictive Practice Change Package. Both North Cumbria, Northumberland, Tyne and Wear (CNTW) and Tees, Esk and Wear Valley (TEWV) Mental Health Trusts were involved within this pilot programme.

- **Reducing suicide and self harm:**

Across the NENC a Suicide Prevention Network plan has been developed and is recognised as an example of positive practice nationally and a regional suicide prevention plan with multiagency engagement is in place. Both MH Trusts have suicide prevention as a priority as part of the Safer Services agenda.

- **Sexual Safety:**

The NCCMH Established a Sexual Safety Collaborative and are developing a set of National Sexual Safety Standards which are currently in the final design phase to be rolled out nationally. Sexual Safety standards/guidance being produced by both MH Trusts

## Where are we currently?

- Scoping of current system and organisational activity in relation to the three Key Ambitions of the Patient Safety programme with excellent contributions and positive support towards the baseline scoping from:
  - TEWV MH Trust
  - CNTW MH Trust
  - NENC MH ICS and Clinical Network
  - Public Health England
  - MH ICS Zero Suicide workstream
  - Wellbeing hub and Recovery College

### **Awareness raising and primary engagement with:**

- Healthwatch regionally
- Service user and carer networks regionally and nationally
- Voluntary and Community organisations via MH ICS VCS Lead

## Enablers:

- Good cross organisational working already in the NENC
- Mature MH ICS and Clinical Network
- New Patient Safety Specialists established in each NHS Trust
- Suicide prevention leads
- Existing work from pilot programme already on two of the key ambitions
- Existing work across the system relating to all the Key ambitions
- Commitment and enthusiasm of all organisations staff engaged within the scoping to date to patient safety.
- Well established Quality Improvement teams in each MH Trust.

## Potential Barriers:

- Potential multiple national agendas
- TEWV crosses multiple AHSN and ICS boundaries
- Continued impact of Covid Recovery plans locally, Regionally and Nationally.

## Next steps:

- From Scoping and the outcomes from this event produce summary report for the NENC MH ICS on how we, the NENC mental health community, will take forward the Mental Health Patient Safety programme.
- Agree governance/reporting and best practice sharing structure from ward based Patient safety improvement activity to cross Trust Patient Safety Networking to ICS and National reporting.
- Engage initial ward teams within each MH trust to participate within the programme.

## Discussion question:

**How can we work better/more with you to deliver this programme?**