

# Growing OH and Wellbeing NENC

## January project update

*Happy  
New Year*

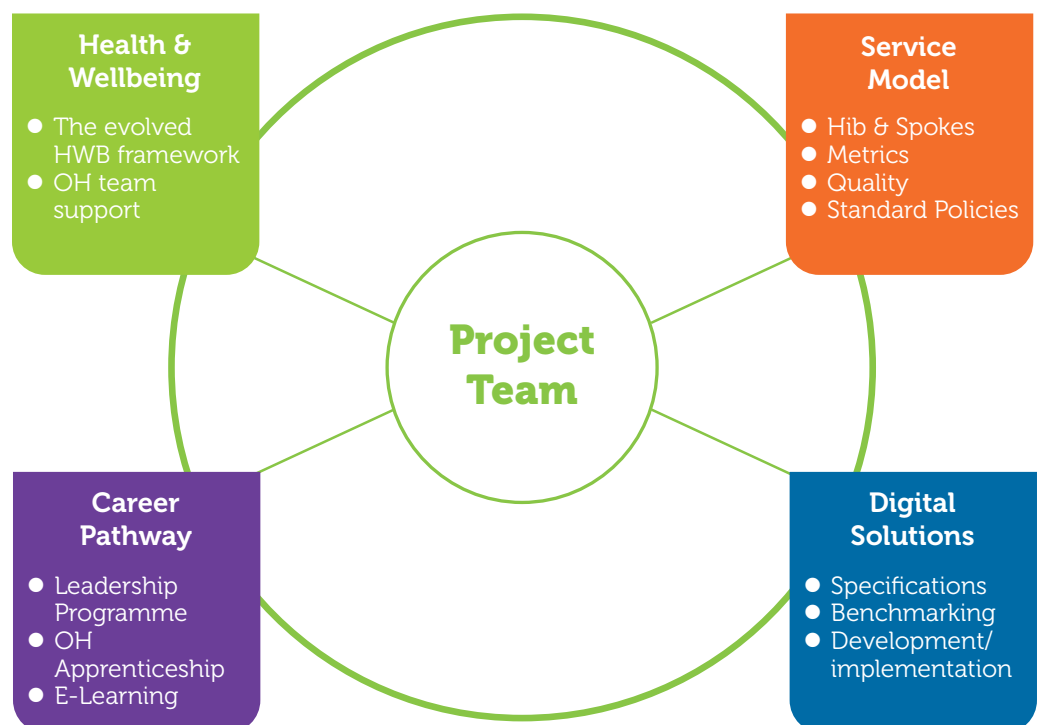
As a project team, Gary, Sima and I hope you had a great Christmas and we hope that 2022 brings you joy, happiness and healthiness.

We understand 2021 was an incredibly difficult year for working in Occupational Health and we understand the significant pressures you are under at present. We want to thank you all for continuing to contribute and shape the Growing OH and Wellbeing NENC Project.

We are really excited about the opportunities 2022 will bring and we want to support you in any way we can.

## Task and Finish Groups

We had 36 staff attend the task and finish groups on 17.12.21 and 21.12.21 across the four Trusts participating in the project. These groups will meet monthly to help shape the service change in the coming months.



## A new addition to the project team...

In November 2021 we advertised for a Health and Wellbeing Lead role to help lead the health and wellbeing workstream of the project. Interviews were held on 16.12.21 and we are pleased to announce Hannah Greaves was successful.

Hannah has significant experience in health and wellbeing at her previous role at Northumbria University. She will be joining the team at the end of January and is looking forward to working with Occupational Health and Wellbeing staff across the four Trusts.



## National OH Programme

The National Growing OH Team are holding events for those in Occupational Health and Wellbeing to attend on 26th January 2022, 1.30pm to 3.00pm, and 17th February 2022, 11.00am to 12.30pm.

This is an excellent opportunity to help shape the future of the national growing OH programme. Please email [mark.henderson@ahsn-nenc.org.uk](mailto:mark.henderson@ahsn-nenc.org.uk) for further information.