

# House Keeping

- Please ensure your microphone and video are turned off during the session. This is to avoid any disruption during presentations and to assist with the quality of the connection.
- If you need to take a break, please feel free to drop off the call at any time and re-join.
- Live captions are available if required.
- The event is being recorded and will be shared.
- Please ask any questions you have through the chat facility. We will try to address questions during the event, but if we don't manage to do this we will follow up after the event.
- If you cannot see the chat please email your question/s to [sarah.black@ahsn-nenc.org.uk](mailto:sarah.black@ahsn-nenc.org.uk)
- Join the conversation on Twitter [#HealthyHappyPlaces](https://twitter.com/HealthyHappyPlaces)
- Speaker presentations and the recording will be circulated following the event.



Academic Health Science Network  
North East and North Cumbria

# Healing Environments

How do places and spaces play a role in how we feel and heal?

REGISTRATION OPEN

**SPEAKERS**

- Dr Rachel Turnbull, Programme Lead for Healthy Happy Places, AHSN NENC
- Dr Angela Kennedy, Head of Centre for Specialist Psychological Therapies, Cumbria Northumberland Tyne & Wear NHS Foundation Trust
- Timothy Crawshaw, Vice President of the Royal Town Planning Institute
- Christopher Shaw, Chair of Architects for Health and Senior Director at Medical Architecture

#HealthyHappyPlaces Thursday 2nd December 2021 11:00 – 12:15



Academic Health Science Network  
North East and North Cumbria

# Biophilic Design

Working with nature through design and its impact on mental health and wellbeing

REGISTRATION OPEN

This webinar will explore the elements of **biophilic design**; the psychological impacts and experience of mimicking nature in design; the clinical experience of incorporating nature into therapy; and showcase examples of biophilic design in internal and external spaces through the lens of architecture and urban planning.

Thursday 17th February 2022 13:00 – 14:30 #HealthyHappyPlaces



Academic Health Science Network  
North East and North Cumbria

# NeurodiverCity

Neurological difference and inclusion in the designed environment

This webinar is part of a series of events which will showcase perspectives from mental health, architecture and urban planning. It will include:

- The psychological impacts of neurodiversity
- The lived experience of autism in relation to the urban environment
- The creation of inclusive places and spaces through design

Thursday, 7 April 2022, 11:00-12:30 #HealthyHappyPlaces




Academic Health Science Network  
North East and North Cumbria

# Dementia Friendly Environments

How do we design places and spaces that prevents and supports people living with dementia?

This innovative webinar will bring together practitioners from the built environment, medical and therapeutic disciplines, and academia to share and celebrate best practice to build a collaborative approach to planning and design.

Thursday 19th May 2022, 13:00-14:30 GMT #HealthyHappyPlaces

Find out more at our Events page: <https://ahsn-nenc.org.uk/what-we-do/improving-population-health/mental-health/healthy-happy-places/events/>

## BOTTOM UP URBANISM

HEALTHY HAPPY PLACES

5th July 2022,  
11-12:30

This webinar will explore some of the creative and community-driven approaches to creating better places and spaces that promote wellbeing. It is an approach that has emerged through civic action and the creative practice of communities and individuals who, quite simply, want to make better places (Finn, 2014).

slido



**What does dementia friendly mean to you?**

ⓘ Start presenting to display the poll results on this slide.



“housing” (BRE dementia-friendly demonstration home)

“dementia capable / friendly communities”

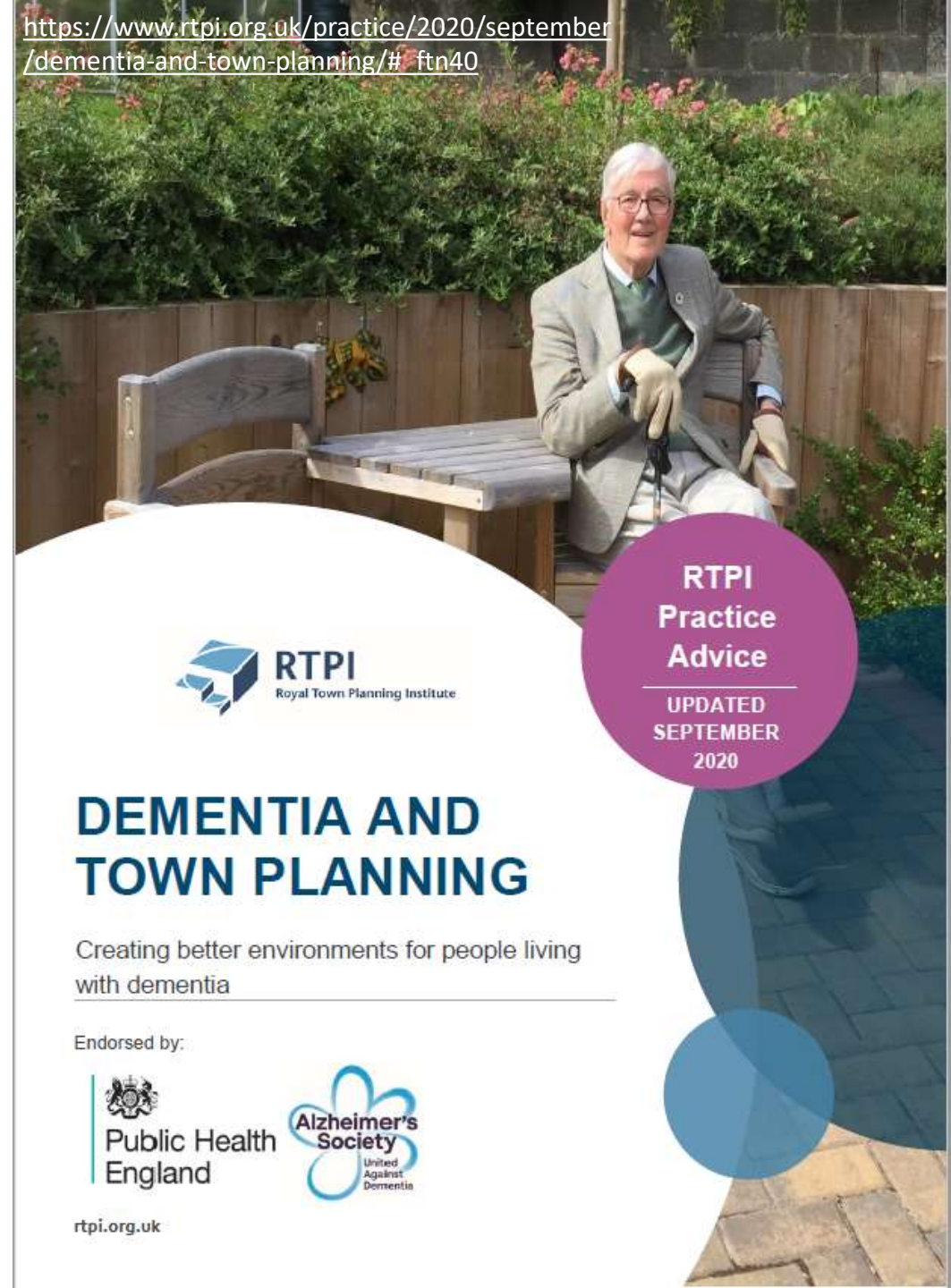
“access to local amenities”

“dementia villages” (e.g. Hogeweyk<sup>[41]</sup> in the Netherlands)

“dementia friendly gardens”

‘Designing dementia-friendly outdoor environments’ by Oxford Brookes University<sup>[43]</sup>

‘BSI PAS1365: Code of practice for the recognition of dementia-friendly communities in England (2015)’<sup>[33]</sup>



RTPI  
Practice  
Advice

UPDATED  
SEPTEMBER  
2020

## DEMENTIA AND TOWN PLANNING

Creating better environments for people living  
with dementia

Endorsed by:



# HEALTHY HAPPY PLACES

## Supporting and creating mental health and wellbeing through the built environment

.....using a multi-sector approach between health, public health, architecture, and  
planning

.....focussing on areas of inequalities

Funded by.....



# CORE TEAM

- DR RACHEL TURNBULL, PROGRAMME MANAGER (FORMER CLINICAL PSYCHOLOGIST / URBAN PLANNING & ARCHITECTURE GRADUATE)
- TIM CRAWSHAW, INTERNATIONAL PLANNING & DEVELOPMENT CONSULTANT / CHAIR TEES VALLEY NATURE PARTNERSHIP / PRESIDENT RTPI (inauguration speech: <https://www.rtpi.org.uk/about-the-rtpi/rtpi-presidents/presidential-inauguration-2022/>)
- HOLLY FILLINGHAM, MENTAL HEALTH PROJECT COORDINATOR (MASTERS LEVEL SOCIOLOGY & CRIMINOLOGY GRADUATE / PHD IN SOCIAL PRESCRIBING)



# GEOGRAPHICAL & STRATEGIC SCOPE



North Cumbria ICP	
<b>Population:</b>	324,000
<b>1 CCG:</b>	North Cumbria
<b>Primary Care Networks:</b>	8
<b>1 FT:</b>	North Cumbria Integrated Care NHS Foundation Trust (NCIC)
<b>1 Council Area:</b>	Cumbria County Council (with 4 District Councils)
	North West Ambulance Service

NENC ICS-wide	
<b>North East Ambulance Service FT</b>	covers: North of Tyne and Gateshead ICP, Durham, South Tyneside and Sunderland ICP, Tees Valley South ICP
<b>CNTW Mental Health FT</b>	covers: North Cumbria ICP, North of Tyne and Gateshead ICP, plus part of South Tyneside and Sunderland ICP
<b>TEWV Mental Health FT</b>	covers: Tees Valley ICP, plus part of South Tyneside and Sunderland ICP
<b>Newcastle upon Tyne Hospital FT</b>	provider of highly specialised and specialised national and regional services including transplant, paediatric specialisms and major trauma

North of Tyne and Gateshead ICP	
<b>Population:</b>	1,079M
<b>3 CCGs:</b>	Northumberland, North Tyneside, Newcastle Gateshead
<b>Primary Care Networks:</b>	24
<b>3 FTs:</b>	Northumbria, Newcastle, Gateshead
<b>4 Council Areas:</b>	Northumberland, North Tyneside, Newcastle, Gateshead

Durham, South Tyneside and Sunderland ICP	
<b>Population:</b>	997,000
<b>4 CCGs:</b>	South Tyneside, Sunderland, North Durham*, DDES*
<b>Primary Care Networks:</b>	24
<b>2 FTs:</b>	South Tyneside & Sunderland, County Durham and Darlington
<b>3 Council Areas:</b>	South Tyneside, Sunderland, County Durham
	*County Durham CCG from 1st April 2020

Tees Valley ICP	
<b>Population:</b>	852,000
<b>4 CCGs:</b>	HAST*, Darlington*, South Tees*, HRW
<b>Primary Care Networks:</b>	17
<b>3 FTs:</b>	County Durham and Darlington, North Tees & Hartlepool, South Tees
<b>6 Council Areas:</b>	Hartlepool, Stockton on Tees, Darlington, Middlesbrough, Redcar & Cleveland, North Yorkshire
	* Tees Valley CCG from 1st April 2020
	Yorkshire Ambulance Service

## The AHSN Network



- Emerged from NHS Long Term Plan (2019)
- Collaborating across organisational boundaries
- Joint priorities and shared decisions
- Operating at a regional level and place-based/neighbourhood level

- Established 2013
- Funded by NHSE & I / Office of Life Sciences
- Improving population health
- Economic growth
- Patient safety

**Facilitate – Connect - Collaborate**

# VISION

- To develop a concept for a [sustainable innovation hub](#) in the North-East and North Cumbria (NENC) for the creation of healthy, happy environments through [collaborations](#) between health, public health, built environment professionals, the third sector and communities that can be supported through innovative financing mechanisms which would enable investment in new and existing places.

# OUTPUTS

- Transdisciplinary network and collaboration platform
- Knowledge sharing and resources for innovative practices
- Participatory planning projects
- Conceptual proposal for innovation hub
- Exploration of mental health and wellbeing design toolkit and design review panel

# FIND OUT MORE

Visit our [webpage](#)

Sign up to our [mailing list](#)

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