



CDDFT – NHS Health & Wellbeing Framework

Our Journey So Far

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Looking after the wellbeing of our people is crucial . #Team CDDFT recognise that in order for us to provide excellent care and support services we need to look after our own wellbeing



First Steps

- Review then review again
- Invited to be part of NHSE/
Trailblazer Project



Trailblazer Project

Our Initial Thoughts about the Project

What actually was the Project?

What did we do?



Trailblazer Project

- Health Needs Assessment (HNA)
- Recruit Health & Wellbeing (H&WB) Champions



Outcomes

- Health Needs Assessment completed - awaiting results
- Recruited more than 60 H&WB Champions – ongoing campaign
- Further review of the Framework
- Sharing our experience with other organisations
- NHSE/I to use our story regarding HNA



Next Steps

- Use outcomes of HNA & H&WB Framework to inform new H&WB Matters Strategy & Strategic Action Plan for 2023 -2026
- Share learning & experience with colleagues as part of Growing OH&WB Project
- Plan to use framework at different levels of the organisation
- Ensure Framework continues to be a 'Living Document'



Thank You

Any Questions??????

