



Growing OH and Wellbeing NENC

Welcome to the April project update!
Hope you had a great Easter holiday.



Regional Health & wellbeing symposium

Wednesday 11 May 9:00-13:00; The Durham Centre; Free of charge

Who should attend? Anyone who wants to positively impact the health and wellbeing of their staff.

Why attend? Implement the Health and Wellbeing framework within your organisation and collaborate with colleagues across the region.

The agenda for this event can be viewed [here](#).

There are limited tickets left. If you are interested, please register [here](#)

Staff engagement sessions

As you know, the "Growing OHWB-NENC" is integrating OH service across the four participating Trusts to improve the health & wellbeing of the staff.

Since co-designing the service is seen as critical to guarantee the success of this project, we made it a priority to have the occupational health and wellbeing staff actively involved in the project.



As a result, we are organising 1-1/virtual staff engagement sessions in the next coming weeks. You will receive the invitation email including the dates and locations, soon.

Service design groups

On 5th of April, the growing occupational health transformation group met at the Durham centre to discuss the new service specification. During the meeting, the below groups were identified to collaboratively co-design the OH core services:

- **Occupational health group:** To discuss best practice and future collaborative practice regarding- pre-employment, health surveillance, vaccination and management referral.
- **Psychological group:** To discuss best practice and future collaborative practice regarding mental health support within the service. What is in scope and out of scope and onward referral.
- **Manual handling/physiotherapy group:** To discuss best practice and future collaborative practice.

Evaluation

We want to take the opportunity to thank you for participating in the project baseline evaluation. The interviews have been completed and we are looking forward to share the results with you next month.