



# Growing OH and Wellbeing NENC

## March project update

### Welcome!

We've got some exciting news to announce as we'll be hosting our first Regional Health and Wellbeing Symposium on Wednesday 11 May at The Durham Centre.

We have some fantastic visiting speakers and networking opportunities with health and wellbeing colleagues from across the North East and North Cumbria.

Save the date in your diary and share with anyone you think might be interested in coming along. We hope you can join us!

Read on for more updates below and please get in touch with Sima if you have any questions: [sima.alae@ahsn-nenc.org.uk](mailto:sima.alae@ahsn-nenc.org.uk)

### Save the Date!

#### Regional Health and Wellbeing Symposium

**Date:** Wednesday 11 May 2022 **Time:** 09:00-13:00 **Location:** The Durham Centre

Come along and take the opportunity to engage with the wider region on health and wellbeing!

Organised by the Growing OH and Wellbeing team and supported by the AHSN NENC, the aim of this FREE event is to bring stakeholders together to inform and share best practice, the region-wide use of the evolved health and wellbeing framework (2021) and celebrate the successes of the work taking place in NHS health and wellbeing services.



We are delighted to announce that Adam Turner, National Health and Wellbeing Lead, and Rhiannan Rubin, Head of Wellbeing and HIOW Health and Wellbeing Programme Delivery, will be presenting from a National perspective and there will also be presentations on the Growing OH programme.

How to register? Visit the [Eventbrite page](#) or contact [sima.alae@ahsn-nenc.org.uk](mailto:sima.alae@ahsn-nenc.org.uk)

### Safe Effective Quality Occupational Health Service (SEQOHS)

Over the last month the project team have been to County Durham and Darlington NHS FT and North Tees and Hartlepool NHS FT, working with staff to discuss operating practices with regard to SEQOHS requirements.

There are planned visits to South Tyneside and Sunderland NHS FT in the coming weeks. A gap analysis has begun in these organisations and this will enable further discussions in the service model task and finish group, with the goal of working towards SEQOHS accreditation by the end of the year.

### Thank you

To everyone who took part in our line manager interviews.

We had a great responses from line managers at North Tees & Hartlepool and South Tyneside & Sunderland NHS Foundation Trusts, to help shape the future of Occupational Health and Wellbeing services.

Our interviewer, Sharon Tabberer, commented: "The interviews give us a good window into people's experience of using Occupational Health and Wellbeing services and will help us in looking to the future."



**Thank you for your continued support.**