

Suicide Prevention by Design- Professional Resources/ Research and Training

If you require Suicide Prevention Support please contact <u>Samaritans | Every life lost to suicide is</u> <u>a tragedy | Here to listen / Call 116 123</u>

Homepage | Campaign Against Living Miserably (CALM) (thecalmzone.net)

Mind Papyrus

Title	Summary	Link
Professional Resources		
The Last Photo Suicide	The campaign, which features	CALM launches major new
Prevention Campaign	an installation of smiling	suicide prevention campaign
CALM (Campaign Against	portraits in London, aims to	(creativereview.co.uk)
Living Miserably)	raise awareness around	
	suicide and explain that	
	"suicidal doesn't always look	
	suicidal"	
	Samaritans works with	Rail industry suicide
Rail industry suicide	Network Rail and the wider	prevention programme
prevention programme	rail industry to reduce suicide	<u>Samaritans</u>
<u>Samaritans</u>	on the railways and to	
	support everyone affected by	
	them.	
Preventing Suicides in High	This Planning Advice Note	Preventing suicides in high
Rise Buildings and Structures	provides general guidelines	rise buildings and structures
Planning Advice Note.	about suicide prevention	<u>PT 26.04.22.pdf</u>
Webinar Speakers- Claire	methods which are required	<u>(cityoflondon.gov.uk)</u>
Giraud, Senior Public Health	as part of planning	
Practitioner, Hackney and	applications from designers,	
Toby Thorp, Environmental	developers, and owners of	
Health Officer, City of London	buildings to help prevent	
	suicides in both public and	
	private high rise buildings and	
	structures. Vehicles and other	
	forms of transport, which are	
	outside the scope of planning	

	control, and other structures,	
	are not included within these	
	guidelines.	
Identifying and responding to	This guide provides a	Identifying and responding to
suicide clusters: A practice	framework for action,	suicide clusters
resource	together with some step-by-	(publishing.service.gov.uk)
Public Health England	steps, that we hope Local	
5	Authorities will adapt to their	
	own needs, resources, and	
	strengths complementing the	
	work already taking place.	
Design to save lives as well as	We love tall buildings, but	Building design must not be
give pleasure	architects must ensure they	<u>complicit in tragic self harm </u>
Will Wiles	-	· · · · ·
will writes	don't present hidden dangers	RIBAJ
	for vulnerable people. That	
	means designing to avoid	
	opportunity for self harm.	
Healing Architecture for		Healing Architecture for
Young Adults Who Want to		Young Adults Who Want to
Commit Suicide		<u>Commit Suicide - RTF </u>
Rethinking the Future		<u>Rethinking The Future (re-</u>
		<u>thinkingthefuture.com)</u>
Editorial: Chris Barton on a	A fourth death – a 14-year-old	Editorial: Chris Barton on a
wound upon a building	boy visiting on 29 July with his	wound upon a building
	family – from Vessel, the 16-	Architecture Now
	storey, 46m-tall, staircase	
	sculpture at Hudson Yards in	
	Manhattan. The tragedy has	
	seen the honeycomb structure,	
	variously derided as the	
	"colossal shawarma", the	
	"stairway to nowhere", a	
	"giant's wastepaper basket"	
	and a "pineapple thing", now	
Dovon County Council	labelled a "suicide machine".	Dovon County Council
Devon County Council -	Using engineering and	<u>Devon County Council -</u>
Access to means: Devon	designing infrastructure as	Access to means: Devon
Bridges	way to prevent suicide. This	Bridges Local Government
	case study was done jointly	Association
	with the National Suicide	
	Prevention Alliance and forms	
	part of our suicide prevention	
	resource.	
Cost-effectiveness of	Are barriers installed for	<u>bandara_2022_oi_220190_16</u>
Installing Barriers at Bridge	suicide prevention at bridge	48234831.0204.pdf
and Cliff Sites for Suicide	and cliff sites cost-effective?	
Prevention in Australia	This economic evaluation	
	found that barriers installed	
	at multiple bridge sites across	
	Australia were a cost-saving	
	intervention with a return of	
	US \$2.40 for every US \$1	
	invested over 10 years.	

Nuthatch Consultants, Webinar Speaker- Neil Peters, Suicide Prevention Consultant.	 Evidence was not significant for cliff sites, highlighting the need for further research. We support charities and business with suicide prevention, mental health & well-being advice. We can provide guidance, consultancy and project management to support your organisation. 	<u>Home - Nuthatch Consultants</u>
Training		
Every Life Matters Suicide Prevention Training	Suicide Awareness Our one hour bitesize FREE awareness session is aimed at anyone in the community who wants to learn more about the myths and facts surrounding suicide, understand when someone might be at risk, how to talk directly and comfortably about suicide, and what we can all do to offer practical support. Booking for open courses is through <u>Eventbrite</u> . For in- house sessions or other enquiries <u>training@every-life-</u> <u>matters.org.uk</u>	Suicide Awareness & <u>Prevention Training Courses</u> <u>- Every Life Matters (every- life-matters.org.uk)</u>
Talking about Suicide: Ten Tools (TAS10)	Talking about Suicide: Ten Tools (TAS10) is a 90-minute online training to blast away fears and stigma, and to equip you with practical tools to talk about suicide with someone you are worried about.	https://ollysfuture.org.uk/tas10/
Free Suicide Awareness Training, Zero Suicide Alliance	Our FREE online training courses teach you the skills and confidence to have a potentially life-saving conversation with someone you're worried about.	<u>Free online training from</u> <u>Zero Suicide Alliance</u>
Connecting with People Training	The North East and North Cumbria (NENC) Suicide Prevention Network are offering FREE Connecting with People training across the region. 4 Mental Health's Connecting with People training	<u>Training - Suicide Prevention</u> <u>Suicide Prevention</u> <u>(stopsuicidenenc.org)</u>

	programmes focus is to improve compassion, knowledge, skills & confidence to enable people to identify and talk to anyone experiencing emotional distress.	
Applied Suicide Intervention Skills Training (ASIST)	Partaking in this workshop has opened my eyes to how prevalent suicide in the UK is. Before this workshop I was uncertain that intervention could be so helpful and crucial in aiding someone who wants to end their life. Honestly one of the most valuable things I've completed in my life and I hope the skills stay with me throughout my life.	<u>ASIST Suicide Prevention</u> <u>Training Course (papyrus- uk.org)</u>