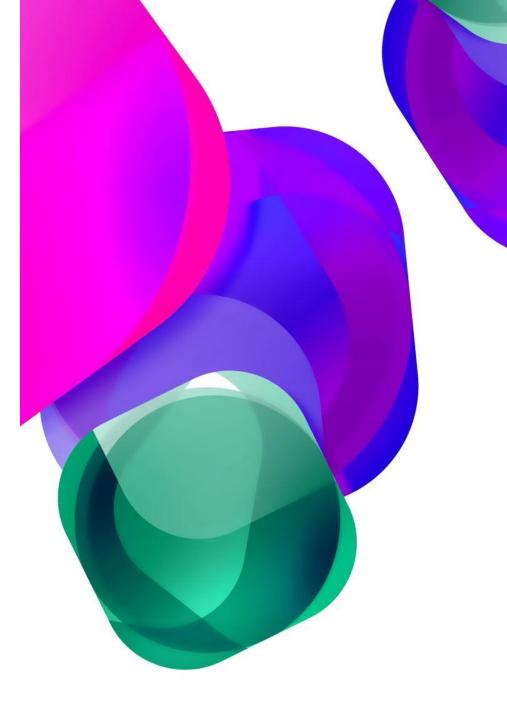
Addressing Health Inequalities In Community Pharmacy

Mohammed Omar Sarwar (MPharm, BSc, PGDip, IPP)

Newcastle Inner West PCN Community Pharmacy Lead



#### Defining Health Inequalities

Avoidable and unjust differences in health and wellbeing between different groups of people.

Determined by circumstances beyond an individual's control.

HI's affect: Health status, Life expectancy, Access to care and quality of care. A Recent Challenge...

Another busy Monday morning

A young lady desperate for help

Using our accessibility and safe space to make a difference



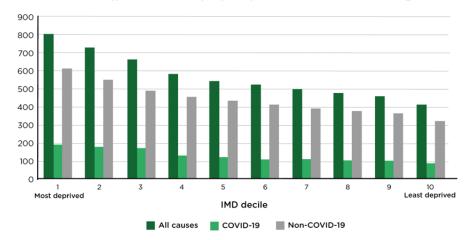
#### Differences in life expectancy for women widen by deprivation in England's regions

0		
85		Least deprived
		London
30		Most deprived
75	1 1 2010-2012 2016-20	018
Source: RPS Conference presentation, 2022 Reproduced with permission from the Institute of Health Equity		





Male age-standardised mortality rates from all causes, COVID-19 and other causes (per 100,000) by deprivation deciles in England 2020



Source: RPS Conference presentation, 2022. From ONS data, 2020 Reproduced with permission from the Institute of Health Equity



#### Contributing Factors

# Socio-economic

# Protected characteristics

Representation

# Cultural competence

#### WHAT ARE WE GOING TO DO ABOUT HEALTH INEQUALITIES ?



#### EDUCATE

EMPOWER

INSPIRE

Educate & Uplift Our Community

# Education is our passport to the future, for tomorrow belongs to the people who prepare for it today.

Malcolm X

quotefanci

#### Newcastle Inner West PCN & The Inverse Care Law







# Addressing Health Inequalities – My Formula

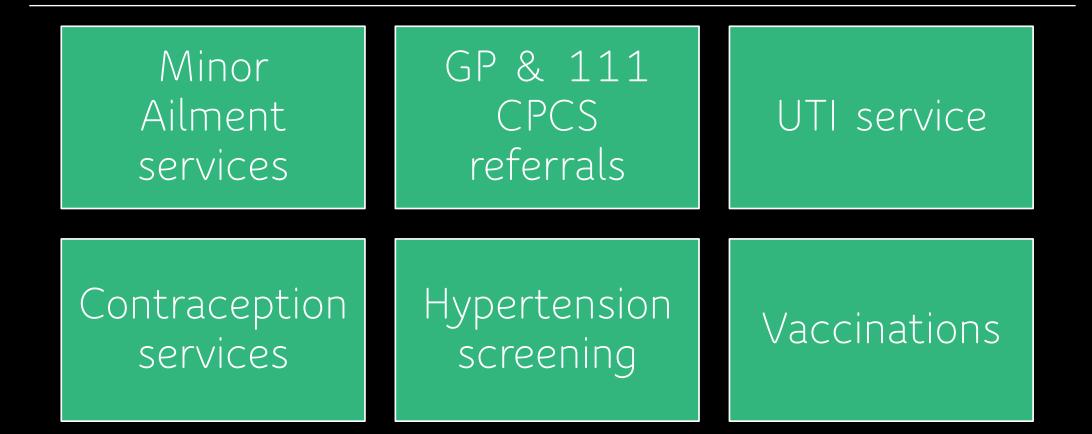




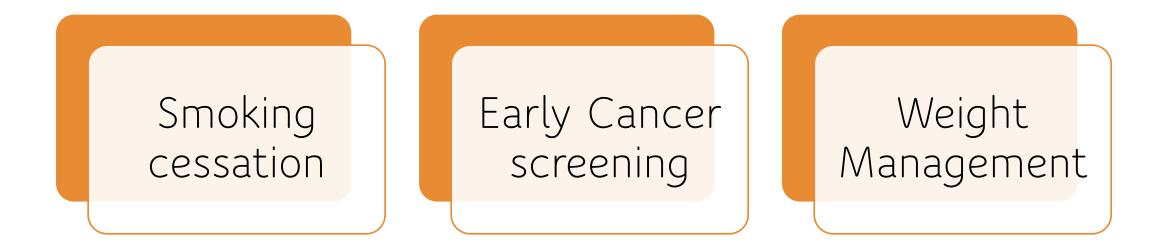


Community Pharmacy Services

# Improving Accessibility With Pharmacy Services

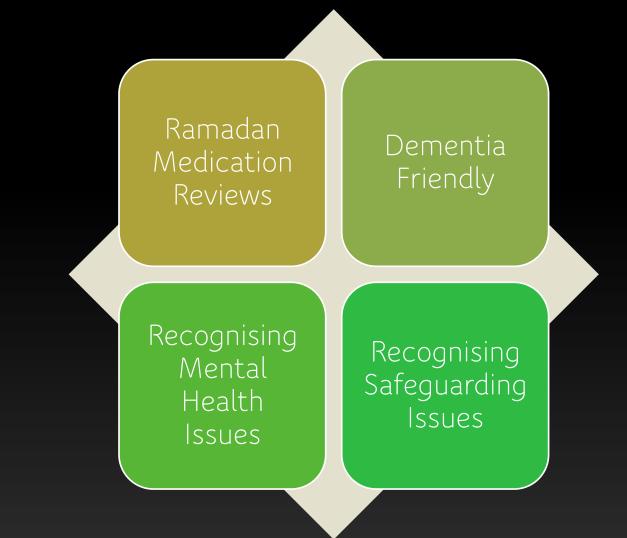


# Health Promotion & Social Rehabilatation





Community Pharmacy Adaptations Based On Local Needs



# Once Upon A Time During COVID

Tensions were high.

The element of the unknown.

Anxiety for those with mental health & learning disabilities.

One man with nowhere else to turn.

Desperate for support.



#### My Community Pharmacy Vision

### ADDRESS

HEALTH

INEQUALITY

We need more light about each other. Light creates understanding, understanding creates love, love creates patience, and patience creates unity.

— Malcolm X —





Time For A Change In Our Community



## MY CALL TO ACTION

 EDUCATE, EMPOWER, INSPIRE
OPPORTUNISTIC CONVERSATIONS
INTEGRATE SIGNPOSTING FOR OUR COMMUNITY WITHIN OUR COMMUNITY
POTENTIAL FOR RESEARCH
CHANGE THE WORLD ?

