#### **Health Protection Outreach Model**

**Public Health Team, Newcastle City Council** 



# Covid 19 Seasonal Booster Campaign An essential pharmacy service by numbers

#### FOUR

The number of community pharmacies providing spring booster covid 19 vaccine to care home residents and housebound patients

#### SIXTEEN

The number of community pharmacy sites providing spring booster vaccination across Newcastle. Many in lower uptake areas

#### 83.6

The percentage of spring booster vaccines delivered by community pharmacy

NECS data dated 17.6.23





# Health Protection Outreach Model -Overview

- Offers a range of health checks (but not the NHS Health Check) and vaccinations within communities, helping to address health inequalities across Newcastle
- Commissioned from two providers, Wells Pharmacy and Knights Pharmacy to deliver a roving model offering three clinics per week January May 2023.
- Clinics have been delivered in the East, West and Central parts of Newcastle
- Review ongoing







# Health Protection Outreach Model The app0roach

The programme:

- Implement learning from the covid 19 vaccination outreach model
- Be reactive to local insight and feedback from Community Champions and Outreach Team
- Adopt an approach which maximises uptake to those who would most benefit
- Support residents access services closer to home removing barriers e.g. transport, digital exclusion, appointments
- Clinics are supported by our Outreach Team, providing a 'boots on the ground' approach
- Use effective communications to explain the benefits of vaccinations and health checks to residents in a way which resonates to them







### The Newcastle Health Protection Offer

Outreach bus to provide screening, vaccinations and health promotion in areas which need additional support to engage with health services, the offer currently includes:

- Covid 19 seasonal boosters and flu vaccine when in season
- Promote key health messages, offer wider screening and immunisation which is tailored to local needs
- Hypertension checks the case-finding service allows pharmacy teams to identify
  patients with undiagnosed hypertension by taking their blood pressure referred to as a
  "clinic check" and, where necessary, offer ambulatory blood pressure monitoring.
- Point of care cholesterol testing, patient receives the results in less than 10 minutes
- BMI/Healthy weight checks advice given on healthy diet and exercise
- All clinics are advertised on our website; services promoted across providers and venues; outreach staff support each clinic; promoted by Community Champions





# What does it look like in practice?

- Arranged with the current provider targeting areas with lowest uptake.
- Regular evaluation and review of locations.
- Outreach workers work alongside clinics speaking to members of the public within a mile radius.

Saturday	24-Jun		
			ASDA, Mill Lane, Benwell, Newcastle upon Tyne NE4 6QA 9.00-14.30 16:00-20:00 at St James & St Basil Church.
Tuesday	27-Jun	Bus Clinic	Morrisons Byker, Shields Road, Byker, Newcastle, NE6 1EJ 9.00-17.00
Wednesd ay	28-Jun		Benwell Lane, NE15 6RS (next to the St James church opposite Lidl car park) 9.00-17.00
Friday	30-Jun	Bus Clinic	ASDA, Mill Lane, Benwell, Newcastle upon Tyne NE4 6QA 9.00-17.00







## **Point of Care Cholesterol Testing**

- Finger prick blood test
- Lateral flow device
- PocDoc<sup>®</sup> app
- Results in minutes

Increases access to testing in communities that probably wouldn't access it; preventing more people from developing cardiovascular disease; reducing inequalities

#### The outputs so far:

- 46/74 people with total cholesterol higher than 5.0mmol/L (Ideally < 5.0mmol/L)
- 12/74 people with HDL (good cholesterol) of < 1mmol/L (Ideally 1mmol/L or above for men or 1.2mmol/L or above for women)
- 40/74 people with Non-HDL (bad cholesterol) > 4mmol/L (Ideally 4mmol/L or below)
- Less than a handful with elevated TC/HDL ratio (total cholesterol : HDL).
- 9/74 people with elevated triglyceride levels and appropriate advice provided.





# Vaccine Inequalities across the City



to > 70% for spring booster by June Perceived risks VPD low. Engagement in Other life /health 2023) extensive information Lack of trust in responsibilities higher gathering relation to the priority at time vaccine Calculation Language barriers Complacency **Trust** in vaccines, in delivery especially in system, in the policy-makers diverse Structural (access-availability, Inability to book Confidence communities (Convenience) affordability) and psychological appointments (appeal, acceptability social Constraints online, cost of Collective norms...) etc))constraints travel, lack of Response awareness Lack of appropriate Willingness to protect clinics available for others some cohorts, e.g.

Local targeting through data

immunosuppressed 5-

11 year olds

interrogation (uptake varied from < 30%

https://www.facetsjournal.com/doi/10.1139/facets-2021-0037

let's talk Newcastle

Newcastle

### How have we done?

Provider	Covid Booster	Flu vaccine	Blood Pressure Checks	No of patients referred for further investigation
Knights Pharmacy January – mid June 2023	670	73	1473	230





Very helpful - I'm glad you do this service and get your results straight away Lovely staff who reassured me about my blood pressure and cholesterol

> Nice staff, good idea to get things checked that you can't get in doctors for

blood pressure, which I will make GP appointment for - very good service.

Identified high

Lovely staff,

pleasant and

welcoming

Feedback from some residents using the Outreach Bus

Very good service, especially with it being hard to get doctor appointment Amazing quick service, convenient located in town and good team Lovely staff and excellent service -NHS were wanting to send me to Bradford for vaccine so this is ideal!





### Learning so far – What didn't work so well



- Some preference to go to venues with higher footfall even though funding is by the day not fee per item
- Preference to use the bus rather than indoor venues
- Weekend clinics have been difficult to arrange with providers but essential for those working long hours during the week
- Different vaccines and interventions caused confusion with the public





# Learning so far – what worked well



- Great working relationships outreach team and clinicians overcome obstacles to offer an efficient service.
- Positive uptake within communities
- Successful events with support of mosque leaders removing barriers, gaining trust and sharing communications through trusted community figures.
- Smaller bus = greater access.
- Outreach Team flexibility support clinics ensuring a positive experience
- Evening clinics offered
- Cholesterol testing accepted to provide results within 10 minutes.





### **Thank You**





