



Trauma Informed Placemaking - Webinar Resource List

[Trauma Informed Placemaking - AHSN NENC \(ahsn-nenc.org.uk\)](https://ahsn-nenc.org.uk)

7th March 2023

<p>Briefing – Buildings Speak to Us: The need for Trauma informed environments Dr Khadj Rouf, Dr Angela Sweeney, Dr Angela Kennedy, Lisa Ward</p>	<p>This briefing is relevant to anyone who wishes to make a positive contribution to the recovery and care outcomes of people impacted by trauma, and to the wellbeing of the staff who support them.</p>	<p>Trauma-informed-buildings-for-trauma-informed-care-july-2021-2.pdf (ahsn-nenc.org.uk)</p>
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<p>Dreaming and Designing Healing Systems</p>	<p>This is the third installment of a five-part series, Reclaiming Control: The History and Future of Choice in Our Health, examining how healthcare in the US has been built on the principle of imposing control over body, mind, and expression. However, that legacy stands alongside another: that of organizers, healers, and care workers reclaiming control over health at both the individual and systems levels.</p>	<p>Dreaming and Designing Healing Systems - Non Profit News Nonprofit Quarterly</p>
<p>The Cities Encouraging Healing With 'Trauma-Informed Placemaking'</p>	<p>Places from Providence to Parkland, Florida, are seizing on the growing movement. By Rebecca Greenwald In fall of 2019, Haus of Glitter — a queer BIPOC art collective and performance lab based in Providence, Rhode Island — moved into a nearly three-century-old homestead tucked into an easy-to-miss park tucked between a freeway and an electrical substation in the city's Chad Brown neighborhood. The 1756 house was once the residence of Esek Hopkins, a short-lived naval commander and Revolutionary War figure. However, Hopkins's less-publicized history included being dismissed from the Navy, censured by Congress, and deeply complicit in the transatlantic slavery trade</p>	<p>'Trauma-Informed Placemaking' Gives Cities Space to Heal - Bloomberg</p>
<p>SPEAKERS- Shopworks Architecture- Trauma Informed Design Guides – Chad Holtzinger, Laura Rossbert, Jennifer Wilson, Daniel Brisson, Rachelle Macur.</p>	<p>Since trauma lives and works through the body, and the body reacts to physical space before we cognitively process it, the built environment is integral to how one experiences trauma. Designing for Healing Dignity & Joy Architectural Principles In The Service Of Trauma Informed Design Trauma Informed Design Process Creating Restorative Communities</p>	<p>Trauma-Informed Design Shopworks Architecture</p>

<p>Trauma-informed practice: toolkit, Scottish Government</p>	<p>This trauma-informed practice toolkit has been developed as part of the National Trauma Training Programme, to support all sectors of the workforce, in planning and developing trauma informed services.</p>	<p>Introduction - Trauma-informed practice: toolkit - gov.scot (www.gov.scot)</p>
<p>Hospital Rooms</p>	<p>Artist Tim A Shaw and curator Niamh White founded Hospital Rooms after a close friend was sectioned and admitted to a mental health hospital. On visiting her, they were shocked to find that the hospital environment was cold and clinical at a time when she was so vulnerable. Having worked in the arts for 10 years each, they felt they had the skills and community to be able to transform these spaces with high quality artworks. In 2016, Dr Emma Whicher (now one of Hospital Rooms' trustees) gave them the opportunity to run their first project at the Phoenix Unit, a rehabilitation unit for people with a diagnosis of schizophrenia. They commissioned Nick Knight, Gavin Turk, Assemble among other world class artists to work with patients and staff to create site specific artwork for the ward. The project received national press attention and Hospital Rooms has been inundated with requests for projects ever since.</p>	<p>https://hospital-rooms.com/</p>
<p>Urban Poverty, PTSD, and Climate Change Risk</p>	<p>PTSD can be used as a proxy to understand the health risk urban environments pose on people. Our research question is: are some urban environments so inadequate they can cause physical and psychological trauma?</p>	<p>Urban Poverty, PTSD & Climate Change Risk — The Urban Health Council</p>
<p>SPEAKER- Catherine Cartwright, Trauma – Informed Community Artist Practice <i>Transcript</i></p>	<p>Catherine Cartwright Email: cc943@exeter.ac.uk Web: www.catherinecartwright.co.uk PhD student - University of Exeter/University of the West of England. Funded by South West and Wales Doctoral Training Partnership</p>	<p>Healthy Happy Places: transcript - Google Docs</p>

	<p>Script for the webinar 'Happy Healthy Places' on 7th March 2023 provided, as a form of captions or transcription. If you would like to use it for a different reason, e.g. to quote from, please email Catherine first: cc943@exeter.ac.uk</p> <p><u>Further Reading</u> suggestions by Catherine as follows:</p> <p>Bayles, D., and Orland, T. (1993) Art & fear: observations on the perils (and rewards) of artmaking. Santa Barbara, Calif: Capra.</p> <p>Banks, S., and Brydon-Miller, M. (2019) Ethics in Participatory Research for Health and Social Well-Being. (First.). Routledge.</p> <p>Belfiore, E. (2021) Who cares? At what price? The hidden costs of socially engaged arts labour and the moral failure of cultural policy: European Journal of Cultural Studies.</p> <p>Coddington, K. (2017) Contagious trauma: Reframing the spatial mobility of trauma within advocacy work. <i>Emotion, Space and Society</i> 24: 66–73.</p> <p>Matarasso, F. (2019) A Restless Art: How participation won, and why it matters. Calouste Gulbenkian Foundation, UK branch.</p> <p>Tiller, C. (2017) Power Up. Creative People and Places.</p> <p>White, M. (2009) Arts Development in Community Health: A Social Tonic. (1st edition.). CRC Press.</p> <p>Wilton, J., and Williams, A. (2019) Engaging with complexity: Providing effective trauma-informed care for women. London: Centre for Mental Health (Registered Charity).</p>	
<p>The Timeline: A Qualitative Study Exploring Therapeutic Experiences in an Immersive Interactive Virtual Environment</p>	<p>When facilitating mental health interventions, therapists typically involve clients in discussion within a room containing seating and a table. We argue that digital technologies can be leveraged to encourage physiological, multisensory experiences for users to work through their challenges. In the context of trauma in mental healthcare, where the body's involvement can play a critical role in the recovery journey, such an approach can offer potential in altering the dynamic of how</p>	<p>The Timeline: A Qualitative Study Exploring Therapeutic Experiences in an Immersive Interactive Virtual Environment (IIVE) for Trauma Mental Healthcare Nordic Human-Computer Interaction Conference (acm.org)</p>



<p>(IIVE) for Trauma Mental Healthcare. Tor Alexander Bruce, Annessa Rebar, Lars Erik Holmquist</p>	<p>interventions are delivered and received. This infers a client-led process where environment and features become inclusive to a holistic treatment pathway. We developed an intervention called The Timeline, situated in an immersive interactive virtual environment (IIVE). The iterative process was informed by interviews with 12 “Experts by Profession”, as frontline mental health workers with an average engagement of 16 years. We then invited 12 “Experts by Experience”, with lived understanding of a range of trauma, to trial and evaluate the system at a UK-based hospital. We report on data from participants across both studies, evidencing how The Timeline, as bespoke content, could lead to participatory choice and personalized control in the context of digital therapy. Finally, we discuss how IIVEs could become a new platform towards a more integrative therapeutic delivery in mental healthcare.</p>	
<p>THE TIMELINE: A DIGITAL, THERAPEUTIC INTERVENTION FOR TRAUMA</p>	<p>This video offers insight into the origins of a research study initiated and led by interdisciplinary researcher Tor Alexander Bruce, beginning in 2018. A 16-page research paper documenting the study trajectory and findings is available at: https://dl.acm.org/doi/10.1145/354615 The research was presented across the UK and in Japan, Sweden and Denmark as part of an ACM SIGCHI sponsored conference.</p>	<p>https://www.youtube.com/watch?v=gYsHZispz8s</p>
<p>The Pathway to Becoming a Trauma-Informed City</p>	<p>Devika Parsaud is a 2021 Social Connectedness Fellow working with the City of Toronto. She graduated from York University’s School of Health Policy and Management with a Masters in Health specializing in Health Policy and Equity, and holds an Honours Bachelor of Arts degree in Sociology and Health Studies from the University of Toronto. She grew up in Toronto and is passionate about the social determinants of health and public policy. She has goals of exploring social injustices and being a part of interventions and change for a more equitable healthy society.</p>	<p>The Pathway to Becoming a Trauma-Informed City - Samuel Centre For Social Connectedness — Samuel Centre For Social Connectedness</p>
<p>SPEAKER Dr Cara Courage Culture/Place/Change</p>	<p>Culture and Place - my consultancy, practice and research has two tandem and intertwining strands, woven with a golden thread of change-</p>	<p>Dr Cara Courage</p>



	<p>making, transforming talent and organisations, connecting thinking and people, and working to help the cultural ecosystem thrive.</p>	
<p>SPEAKER Dr Cara Courage Trauma Informed Placemaking</p>	<p>This project brings together place academics, practitioners and thought-leaders, with those from psychology, the arts, behavioural and social sciences in a transdisciplinary investigation of ‘trauma informed placemaking’, and calls for this approach as foundational for any understanding of, or working in, place.</p>	<p>http://www.traumainformed.place/</p>
<p>Trauma and resilience informed research principles and practice: A framework to improve the inclusion and experience of disadvantaged populations in health and social care research Natalie L Edelman</p>	<p>Trauma, socio-economic, cultural and structural issues are associated with poor outcomes for most health conditions and may also make research participation difficult and onerous, perpetuating intervention-generated inequalities by generating evidence from those least in need. Trauma-informed and resilience-informed approaches to care may help address these concerns across health and social care research. These approaches take an empowerment-based response to adversity, and are suitable for integration and extension as Trauma and Resilience Informed Research Principles and Practice (TRIRPP) for studies beyond the topics of resilience and trauma. Four TRIRPP aims were identified: addressing the adversity context that may underpin the lives of research participants and the phenomenon under study; improving study accessibility and acceptability for individuals and populations facing adversity; recognising and addressing traumatisation in potential participants; and recognising and promoting resilience. Recommendations include interview participant control of recording devices, over-sampling of under-represented populations in population surveys, and actively seeking to engage disenfranchised individuals in patient and public involvement from design to dissemination. The practice of research has the power to address adversity and trauma or to perpetuate it at both an individual and a societal level. It is feasible and worthwhile to integrate trauma-informed and resilience-informed approaches across research topics and designs.</p>	<p>Trauma and resilience informed research principles and practice: A framework to improve the inclusion and experience of disadvantaged populations in health and social care research - Natalie L Edelman, 2023 (sagepub.com)</p>



	Further work should extend the TRIRPP recommendations and evaluate their use.	
Trauma Informed Care Academic Health Science Network, North East and North Cumbria	<p>The AHSN NENC is supporting the delivery of the national trauma informed community of practice with the aim of promoting good, evidenced practice, shared learning, shape and to inform national policy and collaboration.</p> <p>If you would like to hear from TICA, kindly fill the form enclosed to join our mailing list. This will give you access to resources, events and webinars. You can also find us on NHSFutures, where we upload all our resources and publications.</p> <p>Form for subscription list: http://eepurl.com/imdDu-/ NHSFutures platform: Trauma Informed Community of Change - FutureNHS Collaboration Platform</p>	<p>Trauma Informed Care - AHSN NENC (ahsn-nenc.org.uk)</p>