



# Working with People in the Justice System

National Trauma Informed Community Conference

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# Different Settings of the Justice System and the Impact of Trauma Informed Approaches

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- Prison and Probation Services
- Secure Forensic In-Patient Psychiatric Services and Forensic Community Mental Health Team



# Research Plans

## The Use of Restraints in UK Secure Forensic Psychiatric Services – From the Views of Service Users, Staff and Carers/Family

**To investigate the use of restraints in secure forensic inpatient psychiatric services, with a focus on:**

- (1) whether restraints are used in direct proportion to service users' actual or assessed level of risk and,
- (2) the environmental factors in the lead up to the use of restraints.

**Phase 1:** Analysis of CNTW NHS Trust's HCR-20 and log of restraints to explore any correlational relationship.

**Phase 2:** Analysis of CNTW NHS Trust's clinical data and logs of restraints to explore service users' characteristics, staff characteristics, environmental factors and other contextual information.

**Phase 3:** Focus Group with Service Users to explore views on restraints and its proportional relation to their risk.

**Phase 4:** Focus Group with Staff to explore views on restraints and its proportional relation to service user risk.

**Phase 5:** Focus Group with Family/Carers' to explore views on restraints and its proportional relation to service user risk.

# Thank you! Any Questions?

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