



HEART UK
THE CHOLESTEROL CHARITY

Blood Fats
Explained



Familial
Hyper-
cholesterolaemia



Healthy
Eating
Guide



Understanding
Cholesterol



FH & Me
(for
children
7-11 yrs)



Getting to
grips with
FH (for
children
11-18 yrs)



My Family,
FH & Me
(for
Children
7-11 yrs)

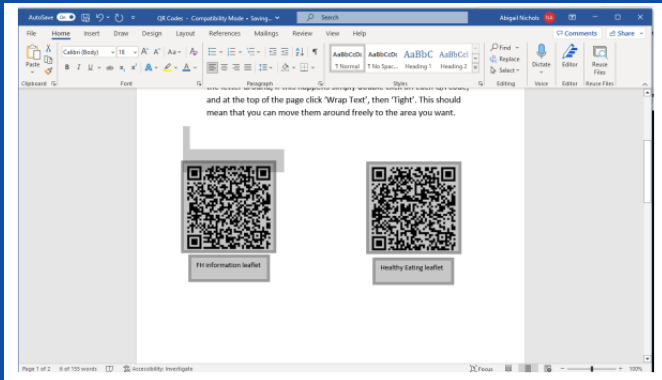


The
Ultimate
Cholesterol
Lowering
Plan

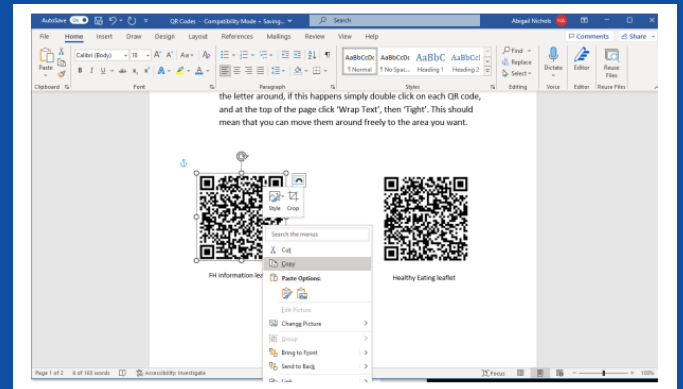


HEART UK Patient Literature QR Codes: How to upload these into your letters from <https://www.heartuk.org.uk/literature/booklets>

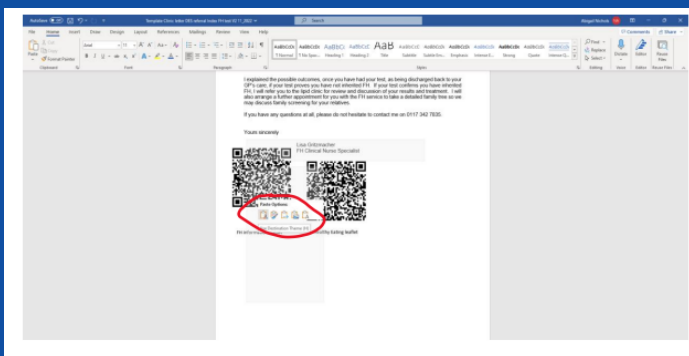
1. Highlight the relevant QR code



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3. Paste the required QR code into your document



4. Double click and change 'Wrap text' to tight to freely move around if the QR codes don't format properly

