

Useful resources for Primary Care HCPs working in Lipid Optimisation

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The Academic Health Science Network North East and North Cumbria (AHSN NENC) supports regional GP Practices to identify and optimise the treatment of people with disordered lipids, as part of their wider Cardiovascular Disease Prevention Programme.

This document has been created as a how-to guide for Pharmacy Technician and other HCPs, working within a GP practice, helping you by providing the tools and resources to identify, risk stratify and review patients requiring lipid optimisation, including those with the genetic condition Familial Hypercholesterolemia.

If you have any queries relating to this document or the below resources, please contact Tracy Marshall, Pharmacy Technician and Programme Manager at the AHSN NENC at tracy.marshall@ahsn-nenc.org.uk

For further information and resources relating to the CVD programme visit the [AHSN NENC website](#).

Clinical Digital Resource Collaborative (CDRC)

CDRC supports primary care through the provision of resources / products for use in the primary care clinical systems, EMIS and SystemOne.

CDRC is free to all users and will identify eligible patients through the searches available to run in all S1 and EMIS practices.

Searches can be downloaded by clicking on the links below:-

Also available on the CDRC website [here](#)

Additional CDRC resources:

- [Accessing lipid CDRC resources on emis](#)
- [Accessing Lipid CDRC resources on SystemOne](#)
- [Step by step guide for importing and running searches in EMIS](#)

CDRC Launcher:

This will provide useful templates for use in primary care:

- [CDRC launcher 'How to guide' for EMIS](#)

Lipid optimisation

The following resources have been developed to aid lipid optimisation work in primary care, mainly for secondary prevention (CVD) patients.

There are educational resources, a protocol and a process map, which aims to provide a Pharmacy Technician with the tools and resources to identify, risk stratify and review patients requiring lipid optimisation. Along with suggested data collection tools.

- [Lipids and inclisiran educational resources](#) Provides a comprehensive, but not exhaustive list, of articles and resources that may be useful with when carrying out lipid optimisation work
- [Lipid management protocol developed by Village Green Surgery \(VGS\), Wallsend](#) This protocol was developed to guide staff members through the process of identifying, reviewing, and monitoring, primary and secondary prevention patients who require lipid management and optimisation.
- [Pharmacy technician process map](#) This process map suggests the role and responsibilities of a pharmacy technician, working in lipid optimisation
- [Suggested text to add to patients consultations](#) Guidance on how to structure writing up findings in the patients notes
- [Example data collection spreadsheet](#) Monitoring secondary prevention patients can be an ongoing task, this suggested spreadsheet helps to compile data required for initial review and ongoing monitoring – Suggest password protecting for authorised personnel, and keep in the practices shared area.
- [Example Inclisiran data collection spreadsheet](#) Suggested overview monitoring spreadsheet for patients started on Inclisiran, – Suggest password protecting for authorised personnel, and keep in the practices shared area.
- [Progress table \(anonymous data collection\)](#) Spreadsheet to collate anonymous data, to use for reporting purposes

Familial Hypercholesterolaemia (FH)

FH is an inherited condition that is passed down through families and is caused by one or more faulty genes. It is one of the most common inherited conditions that affects about 1 in every 250 people. The FH checklist is a quick, and easy to complete, decision aid to help identify if a patient may be eligible for a FH assessment. There is a process map, and 'how to' guide to accompany the decision aid.

- [FH checklist decision aid](#)
- [FH Process map – how to use the checklist decision aid](#)
- [FH How to guide – with suggested text \(not exhaustive\)](#)

Additional resources

[GP surgery expectation sheet](#) - details expectations from all parties involved

Third party confidentiality agreement (examples)

These may be required if not directly employed by the practice, but doing work in / for the practice.

- [Blank honorary contract](#)
- [Third party confidentiality agreement](#)
- [Honorary contract agreement with GP practice](#)

Publications

Utilising the role of the Pharmacy technician to reduce Primary Care pressures can be found [here](#)
Case study – Lipid optimisation the role of a pharmacy technician can be found [here](#)

NEELI guidelines (correct as of 26/06/2023 but subject to changes – always ensure you have selected the 'NTAG' version.

<https://ntag.nhs.uk/wp-content/uploads/2022/09/NEELI-edit-v2022.2-FINAL-NTAG.pdf>