

# Tackling Cholesterol Together

## 11th February 2024 at The Durham Centre



9.00 -9.30	Arrival and Networking and viewing stands
9.30 – 9.50	<b>Welcome &amp; Introduction</b> - Chair of the Day: Jules Payne, CEO, HEART UK
9.50 – 10.20	<b>National Overview: CVD Prevention</b> - Helen Williams, National Clinical Director, CVD Prevention, NHSE
10.20 – 10.50	<b>Regional Overview: CVD Prevention</b> - Prof Julia Newton, Medical Advisor, HI NENC & Dr Eleanor Spratt, Health Analyst, NEQOS
10.50 – 11.15	Coffee Break
11.15 – 11.55	<b>Taking a CaReMe approach to CVD Prevention</b> - Prof Ahmet Fuat, GPSI Cardiology Darlington & Professor of Primary Care Cardiology Durham University
11.55 – 12.25	<b>Panel discussion: CVD and the menopause</b> - Prof Julia Newton, Medical Advisor, HI NENC Dr Saira Malik, CVD Clinical Lead, NENC ICB Dr Nes Robson, GP, Densham Surgery
12.25 – 12.55	<b>Healthy Hearts: CVD Prevention in Core20 communities</b> - Tracy Marshall, Programme Lead, HI NENC Jack Lyon, Project Delivery Lead, CVD Prevention, NENC ICB
12.55 – 13.55	Lunch with networking and viewing stands
45 mins + 10 mins changeover	Breakout Sessions: including action planning by participants <b>1.Cholesterol:</b> Catherine Tucker, Senior Clinical Pharmacist & Dr Stewart Pattman, Consultant Chemical Pathologist & Lipid Clinic Clinical Lead, Northumbria Healthcare NHS FT <b>2.CKD:</b> Dr Sarah McCloskey, Consultant Nephrologist, South Tyneside & Sunderland NHS FT and CKD Lead for NHS England NENC Renal Operational Delivery Network & Karen Verrill, Programme Lead, HI NENC <b>3.Women’s Health and CVD:</b> Kirstie Taylor, Women’s Health Lead, HI NENC with Dr Saira Mallik & Dr Nes Robson and Tracy Marshall
13.55 – 14.40	Breakout 1
14.50 – 15.35	Breakout 2
15.45 – 16.30	Breakout 3
16.30 – 17.00	Resources and Next Steps.....
17.00	Close

**Plus stands from: HEART UK , Kidney Care UK , Diabetes UK , British Heart Foundation, HI NENC CVD Team , Clinical Digital Resource Collaborative (CDRC) & Pharmacy First.**